



Virginia Cycling Beginning Racer Program

March 17th-19th, 2017

The Virginia Cycling **Beginning Racer Program** presented by Peaks Coaching

Group, and co-sponsored by the Charlottesville Racing Club and the University of Virginia Cycling Club is a USAC sanctioned series of 5 unique on-the-bike clinics, designed to be enjoyable, inspirational and educational for beginning and intermediate racers, and provide attendees the skills to have safer and more enjoyable bicycle racing experiences.

Completion of all 5 clinics including their 3 specific components, (1) on bike clinics/classroom instruction, 2) practice races, and 3) post-race debriefings), will provide athletes the full 10 upgrade points for Cat 5 racers to upgrade and 3 points for Cat 4s.*

Schedule:

Friday, March 17th.

•Basic Pack Skills
2:30 PM-7PM
Charlottesville, VA.

Saturday, March 18th.

•Cornering & •Pack Awareness & Skills
8 AM-7 PM
Natural Resources Drive, Fontaine Research Park,
Charlottesville, VA

Sunday, March 19th.

•Sprinting Basics & •Bringing it All Together
8 AM-3 PM
Jefferson Cup Road Race course,
North Garden, VA

Riders must have USAC licenses to participate. Annual licenses are \$70; One-day licenses are \$10 and must be purchased for each day of the clinic.

Cost:

\$175 Adults; \$100 Juniors. Pre-registration opening February 15th and available at bikereg.com

*Endorsed for upgrade by the Virginia Cycling Association

